• DON’T JUST WEAR the shirt...LIVE IT!

1 • GET IT
Order LIVE UNITED t-shirts quickly & easily through Greenstreet Promotions. Buy online at unitedwaycassclay.org or amber@greenstreetpromotions.com. Customization options & free delivery is available. $3 from every shirt goes back to United Way! (Just $10/shirt!)

2 • WEAR IT
Sport your LIVE UNITED t-shirts on November 10. (Don’t forget to take pictures!)

3 • LIVE IT
Don’t just wear the shirt...LIVE IT! Show our community how to LIVE UNITED by doing a UNITED ACT OF KINDNESS for ONE other person in your workplace, neighborhood, school, family, group of friends, or community. (See page 2 for some ideas!)

4 • CAPTURE IT
Snap pictures and take video of you doing your UNITED ACT OF KINDNESS OR the UNITED ACT OF KINDNESS you received or experienced. (Awww!)

5 • SHARE IT
SHARE IT on social media with #LIVEUNITEDFM & email your photo or video to us at unitedway@unitedwaycassclay.org. (PS—we like Facebook & Twitter the best!) ONE UNITED ACT OF KINDNESS will be chosen as the 2017 winner!
NEED A LIVE UNITED TSHIRT?
GREEN STREET PROMOTIONS HAS GOT YOU COVERED!

BLACK AND WHITE SHIRTS AVAILABLE FOR JUST $10
ORDER ONLINE AT WWW.UNITEDWAYCASSCLAY.ORG/TSHIRT OR
BUY & PICK UP SHIRTS AT GREEN STREET PROMOTIONS FROM 9AM-4PM
(1613 E. MAIN AVE, SUITE 3, WEST FARGO)
• Write a note of appreciation to a coworker
• Surprise a coworker with a coffee or treat
• Share praise or a compliment with a co-worker’s boss & their boss’s boss.
• Take a new employee to lunch
• Bring in breakfast for your team
• Set up a UNITED ACTS OF KINDNESS bulletin board for people to post their stories.
• Introduce yourself to someone new.
• Tape a note & coins to the vending machine
• Write a welcome message, encouragement or quote on a meeting room’s whiteboard
• Email a funny meme or joke
• Tell someone how much they rock

• Get extra supplies for your teacher at school
• Mail a family member a card
• Make someone else’s bed
• Tell a friend how much you appreciate them
• Hold the door open for people
• Tape new bags of microwave popcorn to a Redbox rental machine.
• Be a compliment machine & compliment 5 people
• Draw your grandma/ grandpa/aunt/uncle a picture
• Leave your neighbor a nice note
• Write a thank you card to law enforcement fire fighters, a teacher, janitor or librarian
• Give hugs to people you care about
• Write a note to your mail carrier

ONE UNITED ACT OF KINDNESS WILL BE CHOSEN TO WIN A PRIZE & BE THE SUBJECT OF A UNITED WAY FACEBOOK LIVE VIDEO! DON’T FORGET TO SHARE YOUR PHOTOS & VIDEOS ON SOCIAL MEDIA WITH #LIVEUNITEDFM & EMAIL THEM TO US AT UNITEDWAY@UNITEDWAYCASSCLAY.ORG