

**HELP UNITED WAY ACHIEVE OUR BOLD GOAL:  
REDUCE HUNGER & HOMELESSNESS**  
**KNOW THE FACTS—HUNGER EXISTS IN OUR COMMUNITY**  
See how United Way is making changes to decrease this need



**IN CASS AND CLAY COUNTIES**

**1 IN 11  
CHILDREN**

struggles with hunger

**1 IN 12  
PEOPLE**

struggles with hunger

The Great Plains Food Bank Local Hunger Study found that **1 IN 9** people in the Cass-Clay community seeks food assistance from the charitable feeding network supplied by the Great Plains Food Bank each year - 36% of them are children, and 11% are seniors.

**IN NORTH DAKOTA, 58,030 PEOPLE ARE STRUGGLING WITH HUNGER**  
**16,130 OF THEM ARE CHILDREN**

**THOUSANDS OF CHILDREN** in the Fargo, Moorhead and West Fargo school districts qualified for, and greatly relied on the free school lunch program to meet their daily nutritional needs. But on the weekends and during the summer months, many of these children struggle with hunger. For many parents fighting to make ends meet for themselves or their families, the Great Plains Food Bank and our child hunger programs, are the difference between having food on the table and going without.



**IN CASS & CLAY  
COUNTIES QUALIFIES FOR  
FREE OR REDUCED  
LUNCH PROGRAM**

**THAT'S ABOUT 10,500 LOCAL CHILDREN**

United Way collaborated with nonprofits and schools to implement **summer feeding programs** and school food pantries to increase access to food for hungry students



**ON THE WEEKENDS OR  
DURING SUMMER WHEN  
SCHOOL WAS NOT IN SESSION**

[WWW.UNITEDWAYCASSCLAY.ORG](http://WWW.UNITEDWAYCASSCLAY.ORG)

**HUNGER FACT  
SHEET 2018**

[#LIVEUNITEDCassClay](https://twitter.com/LIVEUNITEDCassClay)

**BOLD COMMUNITY GOALS**

**1** REDUCE HUNGER & HOMELESSNESS

**2** PREPARE CHILDREN TO SUCCEED

**3** HELP PEOPLE BE INDEPENDENT

**4** LIFT PEOPLE OUT OF POVERTY

**BOLD Goal 1  
REDUCE HUNGER & HOMELESSNESS**

- Access to food for people who are hungry
- Homeless outreach efforts
- Shelter for people who are homeless
- Interventions that decrease homelessness



**COMMUNITY PARTNERS COLLABORATING TO ACHIEVE THIS GOAL**

**American Red Cross, Dakotas Region** | Emergency Services Program  
**Churches United for the Homeless** | Emergency Shelter & Services  
**Emergency Food Pantry** | Food Pantry  
**FM Coalition for Homeless Persons** | Coordinated Assessment Referral & Evaluation (CARES)  
**FM Dorothy Day House of Hospitality, Inc.** | Emergency Shelter & Services, Food Pantry  
**Fraser, Ltd.** | Stepping Stones Resource Center  
**Great Plains Food Bank** | Childhood Hunger Initiative, Food Recovery and Distribution

**Lakes & Prairies Community Action Partnership, Inc.** | Supportive Housing  
**New Life Center** | Emergency Shelter & Services  
**Presentation Partners in Housing** | Financial Assistance, Housing First Housing Navigation Program  
**Rebuilding Together Fargo-Moorhead Area** | Rebuilding Together  
**Rural Enrichment & Counseling Headquarters (REACH)** | Food Pantry  
**Salvation Army** | Hot Meals Program  
**Youthworks** | **Street Outreach Program, Transitional Living Program**  
**YWCA Cass Clay** | Emergency Shelter & Services, Transitional Housing, Permanent Supportive Housing

**TIPS FOR TALKING TO KIDS ABOUT HUNGER AND POVERTY**

It can be difficult to understand these complex issues, even for adults. And while we can't shield our kids from the realities facing our world, there are opportunities to help them make sense of these issues and the effect they have on others. Try some of the following suggestions to begin or continue the conversation with the kids in your life.



**1. MAKE IT RELEVANT.** Sometimes it's hard for kids to relate to people that clearly experience more challenges than they do. Concentrate on pointing out the ways we are similar to those that might look or live differently. Use concrete examples, such as stories from your family's past, or a friend who faces unique obstacles but still loves their family, has fun, wants to be a good person, etc.

**2. TAKE ADVANTAGE OF TEACHABLE MOMENTS.** When you see an example of poverty in our community, engage with them on the topic. Conversations like these allow you to clear up misconceptions, replace inappropriate terminology, and share perspective. Talking openly and honestly about the issues and causes of poverty and hunger help a kid understand that there is no shame associated with needing help.

**3. MODEL AND ENCOURAGE EMPATHY AND ACTION.** Poverty is a very real issue in our community. Help the kids in your life find compassion for others and realize their power to help. Ask leading questions, such as: "Imagine what it would be like to feel hungry a lot. What might make you feel better? How would you want someone to help?" Here's another good starter: "It's sad that some families are struggling to have enough to eat. What can we do to help our neighbors?"

**4. SHARE YOUR EXPERIENCES WITH OTHERS.** Share your stories and experiences on social media. Post photos of how your family helps others—you never know when you will inspire others to do the same! Post on social media with #LIVEUNITEDCassClay, if you would like, and our United Way of Cass-Clay team will share them on our social media sites, too!