Power of Community *Snapshot*

**BOLD Goal 3: Student Mental Health**

**OUR STRATEGY**
Increase access and reduce barriers to health and behavioral resources

**THE ISSUES**
- 1 IN 4 students struggle with mental health issues in North Dakota
- The number of high school students in North Dakota who have attempted suicide has doubled in the past decade

**THE ACTION**
Collaborated with community-based nonprofit service providers, school districts and corporate partners to provide school-based behavioral & mental health supports in 7 schools

**THE RESULTS**
- 266 students were referred and/or received mental health support while at school throughout the 2017-2018 school year
In response to the growing behavioral and mental health needs of students in local districts, United Way has partnered with West Fargo Public Schools, Moorhead Area Public Schools and Northern Cass Public Schools to increase access and remove barriers for students needing mental health services.

By partnering with the school districts, Burgum Family Foundation and local nonprofit service providers, such as The Village Family Service Center and Solutions Behavioral Healthcare Professionals, Inc., mental health services are provided to students on-site at their school.

The best way to make proactive investments into reducing barriers to mental health services for families is to collaborate with our schools and nonprofit partners to provide services where children spend their days.

These professionals provide parents and guardians with the information they need to support their child’s mental well-being and navigate the medical and insurance system. By providing services in the schools, the barrier of transportation is eliminated for students and their families.

During the 2017-2018 school year:
- School-based behavioral and mental health support was expanded to 7 schools.
- 266 students were referred and/or received mental health support while at school.

The Power of Community. Realized.

United Way of Cass-Clay improves lives by activating resources to solve complex community issues and create lasting social change.

“You have to stand up and invest – so the kids who don’t have that support network still have a chance. There are a lot of kids that struggle, and all I want is for them to be who they want to be in life. We owe it to every child to give them that opportunity – and United Way makes it possible.

Through focused and purposeful giving, we not only believe every learner can change the world but we KNOW every learner can change the world.”

- Cory Steiner
Superintendent, Northern Cass Public Schools